

# OKLAHOMA'S **LOW** RISK PHASE



**MOVING TO YELLOW** BETWEEN 1.43 AND 14.39 DAILY NEW CASES PER 100,000 POPULATION

The Oklahoma COVID-19 Alert System is a four-tiered risk measurement tool with corresponding color categories that identify the current COVID-19 risk level.

This Low (Yellow) risk phase means COVID-19 positive cases are present in the community at an increased level, and the risk of infection is elevated. Viral testing and containment measures are able to identify most cases from a known source.

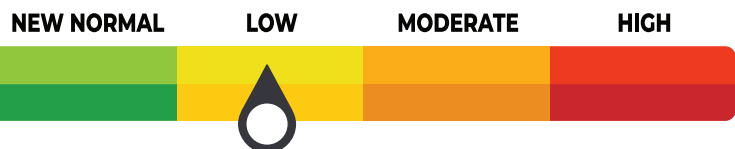


## GENERAL GUIDELINES FOR INDIVIDUALS:

- Wash hands often for 20 seconds.
- Maintain physical distance of six feet apart.
- Don't touch your face.
- Wear face coverings when physical distancing is difficult to maintain.
- Stay home if you're sick.
- Practice symptom checks prior to team sport competitions or practices.
- Large or public gatherings and venues are suggested to operate under increased hygiene measures, physical distancing, face coverings, and symptom monitoring.
- Provide multiple meeting schedules to encourage smaller gatherings and offer online streaming if possible.

## GENERAL GUIDELINES FOR BUSINESSES:

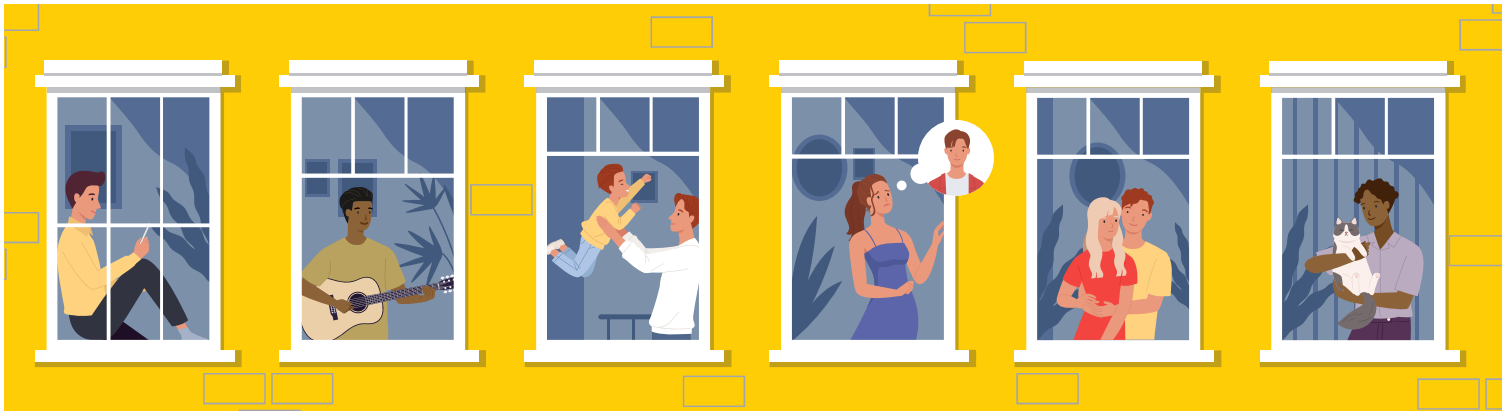
- All businesses take reasonable precautions.
- It is suggested dine-in service operate under elevated cleaning and hygiene measures as outlined by CDC.
- Encourage or implement flexible work arrangements to further enhance physical distancing.
- Wear face coverings when physical distancing is not feasible.



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## GENERAL GUIDELINES FOR HIGH-RISK INDIVIDUALS:

- Wear face coverings in settings where physical distancing measures are difficult to maintain.
- For any travel, use appropriate precautions; avoid high-risk areas.
- Telework if possible.
- When visiting friends or family, wear a face covering and stay six feet away from others as much as possible.
- Limit physical interactions with other high-risk individuals, except for members of your household or residence.
- Limit visits to hospitals, nursing homes, or other residential care facilities.
- Do not interact with symptomatic individuals in person or engage in close contact.
- Limit social interactions to groups of 50 or fewer people outside of your house residence.

For more information and guidance, visit the COVID-19 dashboard at [coronavirus.health.ok.gov](https://coronavirus.health.ok.gov).

